

LAKE MISSION VIEJO

Spring 2012 Programs (949) 492-3035

ADULT AND TEEN SAILING I

Safe, easy and fun! This 12 hour basic sailing courses is designed for adults and mature teens. We'll cover boating safety, basic sloop rigging, points of sail and sailing skills development. Classes are taught in 14' Capri sailboats with keels. This is a great place to start! Must be water safe and pre-register. (Bring water and a snack or money for a snack. We will take a short break daily.)

FEE: \$165.00. + Separate \$3 supply fee to Westwind Sailing

AGES: Teen thru Adult – 13 years and up

<u>DATES</u>	<u>DAYS</u>	<u>TIMES</u>
April 15 – April 29	SUN	2 - 6 pm

PRIVATE /SEMI-PRIVATE SMALL BOAT SAILING

Private and semi private lessons are available for individuals who just need to refresh their sailing skills or whose personal schedule does not permit joining a regular scheduled course. Five hours of private lessons or six hours of semi private lessons equal a condensed version of Sailing I while 10 hours of private / 12 hours semi private complete the Sailing II level. Lessons are scheduled by appointment only and are subject to instructor availability. Phone Westwind Sailing for an appointment: (949) 492-3035.

FEE: \$65 adult private (18 yrs and up, 1 student)
\$45 per person: adult semi private (18 yrs. and up 2-4 students)
\$50 youth private (6- 17 yrs, 1 student)
\$37. per person: youth semi private (6-17 yrs, 2-4 students)

AGES: 8 years – adult

SAILING RIDES

Enjoy warm breezes, sunshine and the thrill of riding the wind. Gather your family and call your friends for the most exciting way to spend your afternoon: on the lake... SAILING! We sail 14' Capris with 3 passengers maximum. Active participation is encouraged, but not required. Rides are subject to instructor availability; phone Westwind Sailing for an appointment: (949) 492-3035. One-hour minimum * ½ hour blocks after the 1st hour.

FEE: \$55.00 per hour per boat

AGES: 5 - Adult

WESTWIND SAILING SPECIALTY PROGRAMS

Looking for a new and exciting activity for your scout troop, birthday party, company picnic or other special interest group? We can arrange sailing , rides or lessons to suit your time, age bracket and budget. Call Westwind Sailing for more information or to set up a request. (949) 492-3035

FEE: Varies

AGES: 5 - adult

STAND-UP PADDLE: GROUP LESSONS

Sign up for a Stand-Up Paddle group lesson and learn first hand why it's the fastest growing water sport today. Learn equipment selection, basic paddling skills, safety and stroke development. Stand-up paddling provides an amazing core fitness and aerobic workoutand it's fun! Pre-registration required. All paddlers under 18 years will wear life jackets that we supply and life jackets are available to any of our paddlers.

FEE: \$40.00
AGES: Ages: 12 yrs & up

<u>DATES</u>	<u>DAYS</u>	<u>TIMES</u>
March 24	Sat.	10:30am – 12 noon
April 15	Sun.	10:30am – 12 noon
May 6	Sun.	10:30am – 12 noon
May 19	Sat.	10:30am – 12 noon

PRIVATE/SEMI PRIVATE LESSONS

Join the SUP craze and learn first hand why it's the fastest growing water sport today. Sign up for private or semi private lessons to suit your schedule. Learn basic paddling skills, safety and stroke development. Stand-up paddling provides an amazing core fitness and aerobic workoutand it's fun! Lessons are scheduled by appointment only and are subject to instructor availability.

FEE: Private \$65 per hour
Semi Private \$45 per hour per person (2-4 People)
AGES: 11 yrs & up

DATES & TIMES:

By Appt. 1 Hour Sessions. Call to Schedule (949) 492-3035

SPRING BREAK – April 9th thru 13th, 2012

LAKESIDE ADVENTURE - CAMP

Each day holds a new adventure as we explore different Jr. Sailors activities. We'll sail with Westwind Instructors, kayak, swim, paddleboat... be creative with arts and craft projects, play boating games, feast at our STUFT PIZZA party, receive a camp T shirt and go to the beach! Join us on the water, as no two days are the same in Lakeside Adventure. Bring a lunch or money for lunch , towel, sunscreen and a swimsuit daily. Prerequisite: Campers must be good swimmers. \$20.00 supply fee paid to instructor on 1st day.

FEE: \$277.00 **AGES:** 8 – 12 years

<u>DATES</u>	<u>DAYS</u>	<u>TIMES</u>
April 9 - 13	Mon. - Fri	9:30 am – 3:30 pm

STAND-UP PADDLE: JUNIOR / TEEN CLASS (Spring 2012)

Try out the newest trend – Stand-Up Paddling. We have the latest equipment – light epoxy boards that are stable and fast and fiberglass/carbon composite paddles. It's easy to learn and a fun way to get out on the ocean and meet new friends. Students must be 'water safe' & pre register. Bring water or sports drink in a plastic container, towel, sunscreen and a change of clothes. Wear water sports attire that you can move in and that you are comfortable wearing in the ocean during this time of the year.

FEE: \$65.00 + \$25 supply fee (includes board and paddle)
AGES: 12 yrs – 17 yrs

<u>DATES</u>	<u>DAYS</u>	<u>TIMES</u>
April 10, 11, 12	T, W, Th	1:30pm – 3:30pm

LAND SAILORS

Will you be able to pick your Jr. Sailors up on time? Do you need to drop your Jr. Sailors off early? Westwind Sailing can supervise your kids and keep them entertained with games, activities and beach time before and/or after camp.

FEE: \$88.00
AGES: 8 – 13 years

<u>DATES</u>	<u>DAYS</u>	<u>TIMES</u>
April 9 - 13	Mon. – Fri.	8-9:30 am & 3:30-5pm